

**WEEDON CORONAVIRUS  
COMMUNITY SUPPORT GROUP  
Update 1 27th March 2020**

This is the first of a series of updates to keep us all in touch over the emergency period. We expect to issue them weekly on a Friday. Do send any ideas for future editions.

**VOLUNTEER NETWORK**

Offers of help and support have been flooding in. THANK YOU to everybody who has volunteered. Offers so far include shopping, prescription collection, support phone calls, advice and guidance for landlords and tenants, and eggs!

**If you need help or can offer help, contact  
Nicolette Habgood.**

Email: [nicolettehabgood@outlook.com](mailto:nicolettehabgood@outlook.com)

Tels: 07906 132746 or 01296 640132

**REGISTER YOUR EMAIL ADDRESS**

Contact [joanna@cjrose.net](mailto:joanna@cjrose.net) to be added to the village email list.

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**USEFUL NHS LINKS**

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>

## **PRESCRIPTIONS**

### **FROM WHITCHURCH SURGERY**

If you cannot collect your own prescription, please contact Nicolette.

## **SCAM AND FRAUD PREVENTION**

Thames Valley Police is urging the public to remain vigilant against criminals using the publicity around the coronavirus as a chance to target their victims with fraudulent emails, phone calls, text messages or door to door services.

### **Door scams**

People are knocking on the doors of elderly and vulnerable people offering to shop or other services for them and then taking money without providing what they have offered. Only accept help from people you are familiar with or who can prove who they are. Do not hand over a bank card or large sums of cash to anyone on your doorstep.

### **Watch out for scam messages**

A number of online scams offering fake services are being reported nationally. Don't click on the links or attachments in suspicious emails, and never respond to unsolicited messages and calls that ask for your personal or financial details.

### **Shopping online**

If you're making a purchase from a company or person you don't know and trust, carry out some research first, and ask a friend or family member for advice before completing the purchase. If you decide to go ahead with the purchase, use a credit card if you have one, as most major credit card providers insure online purchases.

### **Coronavirus Testing Kits**

Some may be trying to sell fake coronavirus tests. At this time the public are not being offered COVID-19 tests to purchase and no companies have been deployed to carry out checks in homes or businesses, so this will be a scam.

If you have been a victim of fraud or cyber-crime, report it to Action Fraud online or by calling **0300 123 2040**.

## **SOCIAL DISTANCING—NO MOBILE SERVICES IN YOUR HOME**

Can we remind you not to let mobile services (for feet/hair etc) into your homes unless it is a genuine emergency. These practitioners should not be fulfilling appointments.

We have heard of someone who turned up to a village home and was let in by a family member.

Residents should not be booking these appointments, and if people do turn up, they should be asked politely to leave.

## A BEASTLY QUIZ

Cryptic clues with answers from the animal world. Answers next week.

1. Sounds like a tough job
2. Nude greeting
3. The insect goes to Gretna Green
4. The shortened Queen is really tough
5. Sounds horrible
6. Is the slang horse costly?
7. Card sharp
8. Frightened Miss Fisher
9. Sounds like a lonely vampire
10. Chain mail
11. It's only Felix!
12. My French harbour
13. Jimmy Hill's best feature is in the freezer
14. A hundred hurts
15. Rubbish!
16. Sounds like a wine container
17. Made a noise and left
18. Hello Mrs Sharples
19. Cured Pork's a heavenly body
20. It's a bit inclement darling
21. A mountain of children's playthings
22. Pageboy, crew, beehive?
23. Smelly mother
24. French up-lifter
25. It sounds like it cooks the bacon
26. Did you get that from a sunbed or a bottle?
27. Undressed
28. The French Chinese vase
29. Del boy's coat
30. Brick up the honey maker
31. Passage, turnstile? Either!
32. Mr Youngs's an animal
33. Religious deity knocked out
34. Five with a Spanish cheer
35. Small communal bedroom in the dwelling
36. Be quiet! There's a pile!
37. German river? Australia? The Queen? Together?
38. Feline behind the one in May
39. Your Mother's sister is a big one!
40. Is the Lord of the manor in Hades?
41. Has Mr Charlton got everything?
42. Is this what you do in bed?
43. The Mafia boss is at the wharf
44. Is there one in your tank?
45. Tinned fish with white sauce
46. Jump strongly
47. French-fried Abbot
48. Tame the little one
49. One with the England captain
50. Is this a little cub?
51. Have a rummage around
52. Colder? No!
53. Miss McPherson passes out
54. It's not G'old!
55. German wines

## LOCAL FOOD BUSINESSES

Several people have been trying to get up-to-date information. Please understand that these businesses are doing their best in difficult circumstances, so bear with them.

### Parrotts, Bushmead Road, Whitchurch

Shop open Tues to Fri 9—4 and Sat 8—12. NO deliveries. Phone and email will not be answered.

### Morris of Hoggeston [morris.farm@hotmail.co.uk](mailto:morris.farm@hotmail.co.uk)

Shop open Friday 1—6 and this weekend Sat and Sun 9—3. Will attempt to operate drive-through scheme or outside stall. Most basics in frozen form. No eggs, chicken or small joints of beef.

Delivery for orders over £30, or smaller orders for elderly/vulnerable.

### World's Best Fruit, Wendover (Dobbies) <https://theworldsbestfruit.online/about/>

Will deliver free within 20 mile radius of Wendover. Sign up on the website and place an order—ideally co-ordinate orders with others from the village.

### Franklins [franklinsdairy@gmail.com](mailto:franklinsdairy@gmail.com)

Milk, bread eggs, vegetables. Already delivers to customers in Weedon, and Jason is happy to take on more.

### Beef Olive, Parton Road, Aylesbury <http://beefolive.com/> 01296 482035

Check website for order form and call or email your order for delivery.

### Fresh Fish Van

Helen McIntyre is keeping a list of people interested in buying fresh fish from a van—no set times. Helen will contact you when they notify her. Tel 07947 024538 or email [helsmcintyre@gmail.com](mailto:helsmcintyre@gmail.com).

### Other Local Farm Shops

We have been talking to other local shops, but have no confirmed information. Will advise in next update if that changes.

### Jascots Wine Merchants (John Charnock, Weedon Hill) [team@jascots.co.uk](mailto:team@jascots.co.uk)

Are now supplying individual households. Min order 12 bottle case. Delivery £10.

## PREPARED FOOD SERVICE

### THE FIVE ELMS

John and Carol Slee at The Five Elms have got a great system going. Dishes are delicious—freshly cooked but will require reheating before eating. Daily menus can be emailed to you—the latest is below.

Collection from the pub doorstep between 4-6pm, or they will help with delivery.

To order food, call John or Carol on 01296 641439 or email [sleezytours@googlemail.com](mailto:sleezytours@googlemail.com) by 11am daily.

### **FIVE ELMS MENU FOR HOME DELIVERY**

#### **FRIDAY AND SATURDAY 27/28 MARCH**

THESE DISHES ARE FRESHLY COOKED BUT NOT HEATED. EVERYTHING SHOULD BE REHEATED TO A MINIMUM OF 75C

THEY CAN BE STORED UNDER REFRIGERATION BUT USED WITHIN 48 HOURS

SOUP OF THE DAY 1.50

CHICKEN, LEEK AND HAM PIE, PEAS & MASH 7.50

THAI CHICKEN CURRY WITH RICE 7.50

CAULIFLOWER, BROCCOLI AND LEEK CHEESE 7.50

PASTA WITH BACON, CHORIZO, GARLIC, PARMESAN, PEAS, MUSHROOMS 7.50

RICH BEEF CASSEROLE WITH MUSHROOMS AND CARROTS, CREAMY MASH AND PEAS 7.50

DOUBLE CREAM QUICHE LORRAINE or ASPARAGUS, LEEK AND CHEESE QUICHE 7.50

LASAGNE 7.50

FISH PIE 9.50 [ FRIDAY ONLY IT WILL SELL OUT]

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TREACLE TART 4.50

BREAD AND BUTTER PUDDING 4.50 [G/F AVAILABLE]

## ACTIVITIES AND INTERESTS

Fun for one person is far from fun for another so this section will vary from week to week. We'd welcome a volunteer quiz setter.

### LEARNING FROM HOME

Fancy learning something whilst at home? Try:

Online learning resources: <https://www.e-learningcentre.co.uk/open-learning-websites/>

Open University: <https://www.open.edu/openlearn/free-courses/full-catalogue>

### GROWING YOUR OWN

[www.plantsnap.com](http://www.plantsnap.com) - An easy-to-use plant identifier app. Use it for instant flower and tree identification, and other plant identification needs.

[www.rhs.org.uk](http://www.rhs.org.uk) – Lots of help and advice

### TO HELP WITH WORRY AND ANXIETY

If you are worried and anxious, then you may find the following websites helpful:

Headspace: <https://www.headspace.com/headspace-meditation-app>

Simple Habit: <https://www.simplehabit.com/>