

LOCKDOWN REMINDERS

- ◆ Stay at home
- ◆ Only go outside for food, health reasons or work (but only if you cannot work from home)
- ◆ If you go out, stay 2 metres (6ft) away from other people at all times
- ◆ Wash your hands as soon as you get home
- ◆ Do not meet others, even friends or family
- ◆ You can spread the virus even if you don't have symptoms
- ◆ Don't allow non-emergency mobile services (for hair, feet etc) into your home

STAY HOME, PROTECT THE NHS AND SAVE LIVES

<https://www.gov.uk/coronavirus>

REGISTER YOUR EMAIL ADDRESS

Contact joanna@cjrose.net to be added to the village email list.

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Joanna Rose, Chair of Weedon Parish Council
Manor Farmhouse, 32 High Street, Weedon, Aylesbury, Bucks HP22 4NW
Tels: Mobile 07885 201159 Evenings Home 01296 641622
Email: joanna@cjrose.net

Nicolette & Francis Habgood, Community Support Group Co-Ordinators
Tels: 01296 640132 or 07906 132746
Email: nicolettehabgood@outlook.com

WEEDON WEBSITE
weedonbucks.org.uk

WEEDON CORONAVIRUS COMMUNITY SUPPORT GROUP

Update 4 17th April 2020

A MESSAGE FROM FRANCIS HABGOOD

Head of the Emergency Organisation Centre for Buckinghamshire Council

The news that the lockdown has been extended by another three weeks will not have come as a surprise to most. Whilst some of the data show signs for optimism, it is just too early lift restrictions.

With a son working in A & E and other extended family in the NHS, I have heard first-hand about the worst effects of Covid-19 and the steps that the NHS are taking. Meanwhile I have been helping Buckinghamshire Council over the last few weeks and working with our local NHS organisations. I have been hugely impressed with their commitment and organisation in tackling this crisis.

Both of these have really reinforced to me the crucial part that we all play to help others by following the rules in lockdown. We might be lucky and suffer only minor symptoms from Covid – but someone who is infected by us might not be so lucky.

I am sure everyone recognises that we are very lucky to be living in a village like Weedon during lockdown. Of course, everybody has to make sacrifices but in the grand scheme of things, and for most of us, they are minor compared to the sacrifices that our key workers are making to care for others or to keep our country going.

Now is a time to be sensible and selfless. The strapline we hear every day is exactly right:

STAY HOME, PROTECT THE NHS AND SAVE LIVES

VOLUNTEER NETWORK

We are here to help!

Contact Nicolette Habgood

Email: nicolettehabgood@outlook.com

Tels: 07906 132746 or 01296 640132

EXTREMELY VULNERABLE—PREFERENTIAL SHOPPING

You can register yourself or someone else with the government for preferential online shopping slots from the major supermarkets. <https://www.gov.uk/coronavirus-extremely-vulnerable>

LOCAL FOOD BUSINESSES

Here is a new list of some of the food businesses that are operating in our area.

Parrotts, Bushmead Road, Whitchurch

Shop open Tues to Fri 9—4 and Sat 8—12. NO deliveries.

Morris of Hoggeston morris.farm@hotmail.co.uk

Shop open Friday 1—6 and this weekend Sat and Sun 9—3. Delivery for orders over £30, or smaller orders for elderly/vulnerable.

World's Best Fruit, Wendover <https://theworldsbestfruit.online/about/>

Deliver free within 20 mile radius of Wendover. Sign up and order on the website.

Franklins franklinsdairy@gmail.com

Milk, bread eggs, vegetables. Deliveries to Weedon, and he may take on more.

Beef Olive, Parton Road, Aylesbury <http://beefolive.com/> 01296 482035

Check website for order form and call or email your order for delivery.

Fruity Tooty fruitytootyzzz@gmail.com

Email by Monday 4pm for non-contact delivery to Weedon on Tuesday.

Howe & Co Fish & Chips <https://howeandcofishandchips.co.uk/> #howeandco

Wed evening delivery. Van is 9. Check on Facebook or website on the day.

FIVE ELMS FOOD SERVICE

John and Carol Slee at The Five Elms are sending out daily menus for meals that are freshly cooked but will require reheating before eating.

To get on the menu update list, and to order food, call John or Carol on 01296 641439 or email sleezytours@googlemail.com by 11am daily. Collection from the pub doorstep between 4-6pm, or they will help with delivery.

FREE 'LIVE' THEATRE AT HOME

National Theatre at Home are showing previously recorded theatre performances on YouTube at 7pm each evening. Each show launches on a Thursday and is available for a week. This week (Thurs 16th to Wed 22nd), it's *Treasure Island*; next week *Twelfth Night*. The link is <https://www.nationaltheatre.org.uk/nt-at-home>.

The Royal Opera House is running 'Our House to your House' with all sorts of productions available ... again free. <https://www.youtube.com/royaloperahouse>

There are other theatres offering similar online screenings. Check out YouTube and other streaming services.

PRESCRIPTIONS from WHITCHURCH SURGERY

If you cannot collect your own prescription, please contact Nicolette.

SCAM AND FRAUD PREVENTION

Continue to be on your guard against frauds and scams. We will report any new ones we become aware of.

Already reported scams to remind you of:

- **Door scams.** Only accept help from people you are familiar with.
- **Watch out for scam messages.** Don't click on the links or attachments.
- **Shopping online.** Check website credentials and use credit cards.
- **Coronavirus Testing Kits—they are fakes**
- **Ambulance fake news.** Alarmist information on social media is not correct.

If you have been a victim of fraud or cyber-crime, report it to Action Fraud online or by calling 0300 123 2040.

CLAP FOR KEY WORKERS

EVERY THURSDAY EVENING 8PM

Stand at your open windows or doors, or in your front garden, and show your appreciation by clapping, banging saucepans and cheering.

THE LONDON UNDERGROUND QUIZ—PART 1 of 3

This is the first tranche of a cryptic quiz about London Underground, DLR and London Overground stations.

1. 007 boulevard
2. Piggy full of money
3. Scouse road
4. Home of the Houses of Parliament
5. Bread-maker's lane
6. Mausoleum
7. Arthur & Lancelot's river crossing
8. University for clowns
9. Weapons store
10. Elgin's curved span
11. Poultry drinks Australian beer
12. London carnival entrance
13. Dr Jekyll changes and stops on the bend
14. Cherub
15. Burning down
16. Ancient road
17. Region
18. Elliptical
19. Swedes sing about Napoleon
20. Anyone for tennis?
21. Dutch gardens
22. Public house near tin container
23. Dark monks
24. Television school
25. Bang the metal worker
26. Mad dog sound
27. Pallid church
28. Affluent French world
29. Tradition domicile
30. Snooker stick grows plants here
31. Glacial movement did this
32. Perform above large village
33. There's something about the French skeletal part
34. Ambulance people's forest
35. Every holy person
36. Lennox's pork
37. Lost bear
38. Owe money in the family room
39. Liz's direction
40. House of worship
41. Heavy brook
42. North American stream
43. Hedge of the lamb keeper
44. Tea party stately home
45. Artillery avenue
46. Aged oriental doorway
47. Terminating after 1,760 yards
48. Citrus abode
49. Spurs call for a taxi
50. Spherical pig

EASTER QUIZ

The winners were Lily and Eloise Gibbs, who scored very highly. Well done!

We thought you might want a bit more time to have a go at this quiz, so the answers will come next week. Or if you can't wait, email Nicolette.

FOODBANK DONATIONS

The Buckinghamshire Council have issued a call to arms to residents to help out and support their local foodbanks. As you will appreciate, this is a particularly difficult time for many people suffering financial hardship and there has been a rise in numbers of those having to rely on our local foodbanks simply for basics.

The **Storehouse at the Vineyard Church** in Aylesbury has, to date, received the donations from villagers through both Hardwick and Weedon churches.

Many of you have expressed a desire to continue giving, so to overcome lockdown issues, we are hosting a **collection point in the porch of the Methodist Chapel over this weekend (Saturday/Sunday 18th/19th)** for all donations of groceries and toiletries.

We have been advised that stocks of tinned soup, tinned meat, tinned veg, rice, pasta sauces, tinned fruit, tinned custards/rice pudding are particularly needed as well as toiletries (toothbrushes, toothpaste, sanitary products etc). If you can afford to drop off any of these items, please do so and we will ensure they are taken to the Vineyard this coming week.

If you or your support group volunteer is unable to drop off, then we would be more than happy to collect from doorsteps over the weekend if you let Sarah (07545 350035/sarahgibbshome@gmail.com) or Helen (640383/helsmcintyre@gmail.com) know.

If you are unable to donate food items, then please consider a financial donation to Vineyard Storehouse via <https://aylesburyvineyard.church/giving>.

As the Chapel is otherwise closed—in line with church policy—it is hard for us to suggest dropping off on an ongoing basis, but we will aim for another collection in a couple of weeks whilst the lockdown continues.

We thank you in advance for your support of this worthy initiative and thank all those villagers who have kindly continued to donate in recent weeks.

Equally, if you need to visit a foodbank or are suffering financial hardship, and need some help, then do call or email one of us in confidence.

Helen and Sarah

WEEDON CHARITIES—APPLY FOR HARDSHIP GRANTS NOW

To apply for help, contact the Clerk, Wendy Kett, 34 East End, Weedon Tel: 01296 640366, w.kett@btinternet.com.

WALKING THE WEEDON FOOTPATHS

TAKE EXTRA CARE AND THINK OF OTHERS—

Do not litter and pick up dog mess

More than the usual number of local residents are taking exercise by walking in our lovely environment, and also exercising their dogs.

Can we ask you all please to undertake such activity in a courteous manner, giving way where necessary and taking care to stick to designated footpaths and trails?

Springtime is bird-nesting season, and there are also sheep and cattle with young in our surrounding fields. Care should be taken not to disturb habitats—including the village pond—and, of course, not to litter. There are litter bins around the village if you really need to dispose of anything, but preferably please take all rubbish home.

Most importantly, please do not allow your dog to foul anywhere without removing it completely.

There are dog poo bins located on the Aston Abbots Road by the Park entrance opposite the Chapel, and on lower High Street just inside the gates to the Fortescue Track across from Lilies drive. These are for use if your dog poops whilst out—please don't fill them up with mess from your own garden.

Several of the public footpaths in and around Weedon have been soiled with dog mess recently. This is not nice at any time, but is even more of a nuisance during the lockdown, when families with young children are using these paths for their daily exercise. **Please be considerate.**

For further information on dog-walking on public footpaths through farmland, please see the guide at <https://www.ramblers.org.uk>, which has been produced by the Ramblers' Association in conjunction with the Kennel Club, National Farmers' Union and Natural England.

KEEPING WEEDON TIDY

Please take a rubbish bag with you on your daily walk, and help to keep Weedon tidy by picking up litter as you go.

GARDENS AND GROWING

WEEDON SEEDLING SPARES TO SPACES

The seedling and plant swap is proving popular. If you have plants or seedlings you can offer, or if you would like some, please contact Jane jane@janemeasures.com. Please don't feel you have to offer something in return—growers are only too pleased to see the results of their gardening going to good homes!

PLANT DELIVERY

Preston Bissett Nursery www.thenurseries.com is offering a delivery service. It does not take online orders and is only delivering locally. Contact Nicki Jackson at nicki@nickijacksonflowers.com. She will collate orders and arrange one drop-off.

Chiltern View Nurseries, Wendover Road, Aylesbury will also deliver orders over £30 to Weedon. Place orders and pay over the phone. Tel: 01296 613823.

ACTIVITIES AND INTERESTS

KNITTING HEARTS FOR ICU

The *Craft Circle* in Hardwick have responded to a request from Jane McVea, who returned from retirement to work in the pharmacy at Stoke Mandeville Hospital during the emergency.

This is to make knitted hearts for Intensive Care Units. If anyone is interested in helping, please email Sue Hoskinson sue@hosko.co.uk for the pattern.

THE WEEDON LOOPS RUNNING CHALLENGES

Download the "STRAVA" app on to your phone, and search for the Weedon Loop. Contact Matt Palmer for more details.

- 1. The Weedon Loop** – a 2.76 km loop starting from the Old Schoolroom
- 2. The Weedon Triple Loop**—3 times round the loop